



International Association of Holistic Practitioners

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Thank you for your interest in becoming a professional member of IAHP.

IAHP (the International Association of Holistic Practitioners) is dedicated to providing a way for heart-centered holistic practitioners with diverse backgrounds and orientations to pursue their good work.

This Professional Membership Information Packet provides an overview of the association, its goals, and ways that qualified, dedicated holistic practitioners can become professional members. The packet is divided into four parts that contain the following:

1. The Association and its Mission
2. Legal Responsibilities, Values, and Ethics
3. How to Become a Professional Member
4. Application Form

We invite you to review this packet and contact us with questions or comments about the information, your specific situation, and your goals.

When you're ready to get started, please complete the application and return it to IAHP Administration, along with your application fee.

Best Wishes,

Drs. Phillip and Jane Mountrose

Founding Directors

1. The Association and its Mission

The International Association of Holistic Practitioners (IAHP) is a heart-centered association of professional Holistic Practitioners. IAHP is devoted to advancing the profession by setting high standards, providing certification training, and serving clients with a worldwide network of professional holistic practitioners.

IAHP's Primary Mission

IAHP was organized in 2009 and now has more than 3,000 members worldwide. As the one of the world's largest organizations of holistic practitioners, IAHP offers a unique opportunity to its members – to be part of the change we want to see in our troubled world.

Professional member specialties include holistic approaches to coaching and healing with powerful methods like EFT (Emotional Freedom Techniques), SK (Spiritual Kinesiology), intuition, spiritual counseling, hands-on-healing, and other holistic approaches that are recognized for their power to change lives.

IAHP is committed to connecting its professional members with the kinds of tools and resources they need to succeed.

Benefits of IAHP's Holistic Approach Include:

- Helping clients to make significant changes in their lives – physical well-being, emotional intelligence, supportive relationships, meaningful careers, purposeful lives, and more.
- Accelerating change and benefiting from the power of a holistic approach that integrates the body, emotions, mind, and spirit
- Teaching skills clients can use themselves, if desired, to further empower themselves to change their lives.
- Creating a place of belonging where love is the guiding force

2. Legal Responsibilities, Values, and Ethics

IAHP focuses on a heart-centered approach to life and change that is the way of the future. We are here to highlight the value of holistic practitioners, so the public can benefit from empowering, non-invasive approaches to healing and to life.

With focus, holistic approaches like the ones clients can find at IAHP deserve to emerge as highly valued contributions to our society. Our members participate by offering professional holistic coaching and healing with highly effective processes like EFT (Emotional Freedom Techniques), SK (Spiritual Kinesiology), holistic life coaching, hypnotherapy, and much more.

IAHP's heart-centered members are committed to the upliftment of the people they serve, to their professional work, and to the communities they serve, which include the worldwide community many members reach online.

Supporting the advancement of this transformational profession is IAHP's mission. As such, IAHP Professional Members agree to adhere to the legal responsibilities, values, and the Code of Ethics detailed here.

Legal Responsibilities

As IAHP's professional members examine the business side of their practices, it's important for them to be aware that there are varying laws in different areas of the United States and around the world that regulate the various categories of holistic practitioners.

With this understanding, professional members agree to the following:

1. You alone are responsible for knowing what the laws are in your area.
Whatever services you provide, realize that you are responsible for complying with all federal, state, and local laws and regulations that govern your practice.
2. None of the processes and techniques offered by holistic practitioners are intended to replace the services of a qualified medical professional, when needed.

In the United States, practitioners must be particularly aware that in the rare case when a holistic practitioner runs into legal problems, the most common charge is practicing medicine without a license. Practicing psychology without a license is also forbidden, including the use of the words "psychologist" or "psychology" in describing yourself or your services without the required credentials. This even includes describing yourself as a "spiritual psychologist."

To educate clients, IAHP recommends that members provide an Information Form that describes their services and have new clients sign it. This creates a record showing that clients understand what our members are doing and what they are not doing. A sample of this form is available at the end of this information. Members can customize it to comply with the laws in their area and to describe their specific services and approaches.

Our Core Values

IAHP is devoted to promoting a heart-centered approach to life and realizing our full potential as human beings. As such, our values can support us in transforming lives.

IAHP's professional members agree to uphold these values:

1. **Responsibility:** We uphold high standards for our members with IAHP's Code of Ethics. IAHP members understand the power of taking responsibility for themselves, along with empowering themselves and others to realize their true potential.
2. **Excellence:** Members commit to striving for excellence, understanding that each of us has the power to connect with the best in ourselves and those we serve as professional Holistic Practitioners.
3. **Love:** Love is the guiding force for IAHP's professional members. It is also viewed as the right of everyone and everything to live with love. In essence:

"Love is the solution."

The IAHP Code of Ethics

IAHP supports its members in maintaining a high level of conduct in their professional practices. The IAHP Code of Ethics applies to members' work with clients, classes, presentations, and all other activities they conduct as part of their professional work.

The purposes of the IAHP's Code of Ethics include the following:

- To provide standards IAHP members can be proud of
- To collectively create an environment the individuals IAHP members serve can trust

Each IAHP Professional Member agrees to adhere to the following Code of Ethics:

- **Human Welfare:** In their professional work, members promise to honor the potential of each individual and respect every human's innate right to well-being in the body, emotions, mind, and spirit. IAHP members are courteous, and any abusiveness is strictly prohibited.
- **Legal Conformity:** Members observe the professional ethics of their conscience, training standards, and all the laws of their city, state or province, and country. IAHP members agree to follow the regulations that are required for their individual

profession(s). Our holistic practitioners agree to disclose that they are legally practicing their distinctive profession and are not licensed health care providers.

- **Marketing with Integrity:** In their marketing, members agree to inform and educate the public honestly about the nature of their work without overstating their credentials or making unsubstantiated claims.
- **Confidentiality:** Members understand that everything that is told to them with an expectation of privacy in the performance of their work is a sacred trust to be held in confidence, except in cases where silence may result in inflicting harm. Members agree to maintain the confidentiality and privacy of information shared during client sessions as is acceptable under the law.
- **Character:** Members agree to be of high moral character, conduct themselves and their practices in an ethical and professional manner.
- **Personal Integrity:** Members agree to be open and honest with the people they serve. As a part of the integrity of their professional work, members also recognize that they are responsible for conscientiously pursuing my own personal and spiritual development, including and addressing any personal issues they have that affect their professional work.
- **Vision:** Members strive to create and hold a higher vision for humanity. They honor all people, all forms of life, and the planet that sustains us all. Members agree to maintain IAHP's core values - responsibility, excellence, and love – as described above.
- **Limitations:** Members agree to abide by their legal responsibilities as described above. They limit their professional services to the areas for which they are qualified. Membership will be revoked if a member interferes with or injures the rights of others, performs criminal acts, or practices medicine without a license.
- **Lifelong Learning:** IAHP Members adhere to high standards of training and continuing education. All members recognize the importance of continuing education by taking classes and completing studies that further their professional training each year. Members agree to complete 15 hours of continuing education each year.

Members understand that the IAHP reserves the right to suspend or cancel membership to anyone who, in our judgment, does not comply with IAHP's Code of Ethics.

The Option of Practicing as a Minister

IAHP's Founding Directors, Drs. Phillip and Jane Mountrose, have practiced as Ministers of Holistic Healing since 1996. They, along with many other IAHP professional members find this to be a good fit for their holistic practice, since they have an integrated body, emotions, mind, and spirit mission.

IAHP's lead organization, Awakenings Institute, offers an Ordination Program. You can learn more on our sister site at:

<https://gettingthru.org/awakenings/articles/how-to-become-an-ordained-minister>

With the separation of church and state in the United States, practicing as an ordained minister is appropriate for those who wish to provide holistic coaching and healing to others. Many IAHP members find it to be a wonderful fit for them. As an option to consider, it can also help with the legalities of members' professional practices.

In every state in the United States, as part of your ministerial and congregational duties as an ordained person, you may perform work of a psycho-social nature, exempt from licensing requirements. This includes laying on of hands, and touching others may be a part of your work. Practicing as a minister in the United States also specifically permits you to use methods for curing the sick that are in alignment with your spiritual beliefs.

Client Information Form

On the next page is the (Sample) Information/Disclosure Form, which IAHP Directors Phillip and Jane Mountrose use. As mentioned earlier, members can customize it to comply with the laws in their area and to describe their specific services and approaches.

(Sample) Client Information Form

In their personal consultations, Drs. Phillip and Jane Mountrose serve their clients as Ministers of Holistic Healing with Awakenings. The focus of their consultations is on helping these clients to optimize their potential and realize their dreams and goals, through the integration of the body, emotions, mind, and spirit.

The exact nature of the services provided depends on the clients' stated goals and may include some or all of the following:

- **Physically**, services may include helping clients to create vibrant physical health and wellbeing.
- **Emotionally**, they may include helping the clients to clear stuck emotional patterns and open to a more joyful existence.
- **Mentally**, they may include helping clients to release limiting beliefs and negative attitudes and open to the freedom of their infinite potential.
- **Spiritually**, they may include helping clients to transform judgment to unconditional love, free their expression of themselves and their true divine purpose, clarify their higher vision and intuition, and open to an awareness of the soul and higher truth.

The Mountroses' professional services generally include a combination of the following approaches:

- Holistic Hypnotherapy
- Spiritual Counseling
- Spiritual Intuition
- Energetic Healing
- Holistic Support

To facilitate integration, clients may also be taught the use of self-help techniques to assist in achieving goals and resolving issues.

These holistic services include methods used in support of the client's physical wellbeing and the care of the sick in accordance with the religious tenets of the Ministers. These methods are not intended to replace professional medical diagnosis and treatment, as Ministers of Holistic Healing are not licensed physicians. The Mountroses do not recommend substituting their services for the professional services of a doctor, psychologist, or psychiatrist. The Client is advised to consult his or her medical health professional regarding any aspect of the consultation that relates to professional medical care.

I, the undersigned Client, acknowledge that I have been advised of the foregoing information, and that I have been given a copy of this "Client Information" form.

Name

Date

3. Becoming a Professional Member

As a heart-centered association of professional Holistic Practitioners devoted to serving their communities and advancing the profession, IAHP welcomes the participation of qualified individuals who want to further themselves personally and professionally.

IAHP provides valuable benefits designed to support the personal and professional development of its professional members. IAHP also offers another unique opportunity– to be part of the change we want to see in our troubled world.

Professional Member benefits include:

- **Recognition of your qualifications** based on meeting the high standards of the IAHP
- **Validation of your unique training and skills** on a listing in IAHP’s Professional Members Directory, which allows you to connect with potential clients locally or worldwide through the internet
- **Access to IAHP’s Professional Member Toolkit** of resources to help you succeed
- **Connections to more valuable tools and resources** members can use to better themselves and to build a successful practice.
- **Access to enriching networking opportunities** with like-minded professional members
- **Opportunities to increase your skills** through continuing education
- **Permission by IAHP to its ICF Professional Member Logo** on members’ websites and in other forms of communication.

“Alone, we can do so little; together, we can do so much”

– Helen Keller

IAHP is committed to supporting its members in their personal growth and connecting members with opportunities for professional growth.

Cost of Professional Membership

Professional Membership in IAHP is \$95/year, plus a non-refundable one-time Application Fee of \$25.

Your Next Step

If becoming a Professional IAHP Member sounds like the right choice for you, here are your next steps:

- **Download the PDF Application Form** for more information about membership requirements and steps to completion.
- **Download the PDF Code of Ethics** and read it thoroughly. Professional members are required to follow this Code of Ethics.
- **Complete the application** and return to IAHP for approval, along with your fee for application review.

Final Approval

- **If your application is approved**, IAHP will charge the fee for your first year of membership and provide instructions for accessing your resources.
- **If your application is not approved**, IAHP Administration will notify you of the reason why your application was rejected.

If you have any questions about the application process, please contact IAHP Administration to receive support.



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Professional Membership Application

The first step applying to become a professional member of IAHP is providing data that substantiates your qualifications. To qualify, please provide the information below and return it via email or mail.

General Information

Name: _____ Date: _____

Business Name: _____ Referred by: _____

Street Address: _____ City: _____

State or Province: _____ Country: _____

Zip Code or Country Code: _____ Email: _____

Phone (day): _____ Phone (evening): _____

Birth Date: _____ Gender: Male _____ Female: _____

Qualifications

If more space is needed to respond to the following questions, feel free to use additional paper.

1. OVERVIEW OF YOUR QUALIFICATIONS:

Awakenings Institute requires a minimum of 75 hours of certified training in areas that relate to your holistic practice to qualify as a professional member.

Choose one or more of the following that summarizes your training:

___ EFT Level 1 and 2 Certification Course with 75 hours or more of training

___ Life Coach Certification Course with 75 hours or more of training

___ Other Holistic Practitioner Certification Course(s) with a total of 75 hours or more of training. Describe: _____

2. PROFESSIONAL EXPERIENCE:

Choose one of the following that indicates the number of years of experience you have as a holistic practitioner:

___ Less than one year

___ 1-3 years

___ 3-5 years

___ 5-10 years

___ More than 10 years

3. DETAILS OF YOUR TRAINING

Describe each certified training course you have successfully completed that qualifies you to become a professional member and the total hours of training involved. For each course, provide a certificate of completion or another form of evidence, such as a letter from the instructor, confirming that you have completed this training.

Course Description	Hours
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

Total Hours of Training: _____

Notes on Training:

4. REFERENCES: List below two persons with knowledge of your skills and experience. Do not list family or relatives.

Name: _____ Phone: _____

Street Address: _____ City: _____

State: _____ Zip: _____

Name: _____ Phone: _____

Street Address: _____ City: _____

State: _____ Zip: _____

Other Questions

1. Are you legally qualified to work as a holistic practitioner in your city, state or province, and country?

Yes

No, explain: _____

2. Have you ever been convicted of, or pled guilty or no contest to a crime other than a minor traffic violation, or are you now under charges for a criminal offense?

No

Yes, explain: _____

3. What attracted you to the International Association of Holistic Practitioners? _____

4. Describe your mission and how it fits with IAHP's mission? _____

5. How do you help the people you serve through your holistic practice?

IAHP Professional Membership Fees:

An initial payment of \$25 must be included with this application to be considered for professional membership.

Payment Options (circle one): MC Visa

Credit Card Number: _____ **Exp. Date:** _____

Name on Credit Card: _____

Zip Code for Credit Card Billing: _____

When your application is accepted, your credit card information will also be used to charge your first year of membership.

Thank you for your interest in membership with the International Association of Holistic Practitioners.

I agree and represent that:

- The information I provided in this application is correct to the best of my knowledge. I understand and agree that providing false or misleading information on the application is grounds for cancellation of my membership, if my membership is approved.

- I agree to be bound by IAHP's Legal Responsibilities, Values, and Code of Ethics, and to refrain from any conduct in violation of the limits of my training. If I breach my legal responsibilities or any part of the IAHP's Code of Ethics, I agree that IAHP in its sole discretion may hold me accountable for so doing. I further agree that my accountability to IAHP for any breach may include loss of my IAHP membership.
- I grant permission for IAHP Administration to charge my credit card the \$25 Application Fee and, upon acceptance as a Professional Member, \$95 for the first year. I further understand that this membership will automatically renew at the end of each year.

Signature: _____ **Date:** _____

Please send your completed application to:

- **By Mail:** IAHP c/o Awakenings Institute, P.O. Box 8352, Santa Maria, CA 93456
- **By Email:** You also have the option of creating a PDF file of your completed application and transmitting it by email to

Have Questions?

Please call IAHP Administration (Awakenings Institute) at 805-934-1238.